

CONTEMPORARY DANCE

Class	Tuesday	Friday
Junior Contemporary	5:30-6:30pm	
Intermediate Contemporary	5:30-6:30	
Senior Contemporary		3:34-4:45pm

Junior Contemporary

A fun, energetic and expressive dance class that is heavily based on progressive ballet technique. Connecting the mind and body to express a story with emotion. A great class to start experimenting with dance sequences, mastering technique, and learning to create choreography. This class is based on our own studio syllabus for contemporary dance.

Intermediate Contemporary

For dancers who have a good grasp on ballet technique and are ready to experiment with light and shade in their dancing and connecting emotion with intention through more challenging movement sequences.

Senior Contemporary

For dancers that have mastered basic technique and are starting to broaden their movement vocabulary. This class is about learning challenging sequences and transitions between difficult holds.

